



**ULSTER COUNTY
OLDER ADULTS EMPOWERMENT COUNCIL
PRESENTS**

Seniors Helping Seniors Stay Afloat: All in the Same Boat!

Join us to learn about the various senior groups throughout the county - how they were formed, what they do, how they support and assist each other. In addition, hear about some of the fun activities, how they socialize and help each other, and how being part of a group can help prevent seniors from being isolated and becoming a victim of various scams that target seniors.

June 13, 2024, 1:30—3:30 pm

Hybrid Event: Via Zoom & In-Person
Ulster County Senior Hub, 5 Development Court,
Kingston, NY

Option to watch at a local library too!

**Must Register: Call OFA 845-340-3456
or click link below**

[CLICK HERE TO REGISTER ONLINE](#)

Featured Speakers / Groups:

- **Local SSIP Groups (Seniors Serving in Place) – both established and new**
- **Rhinebeck at Home**
- **Catskill Neighbors**
- **Vet2Vet – Veteran Support Groups**

